

## CREW INFORMATION FORM

Please complete all sections as accurately as possible

### Personal Details:

Name of Crew			
Date of birth			
Nationality			
Sex	Male		Female
Address			
Postcode			
Home Telephone			
Mobile Telephone			
Email Address			
Occupation			

Next of Kin			
Relationship			
Address			
Postcode			
Home Telephone			
Mobile Telephone			
Work Telephone			

### Sailing Experience:

Please tick the box of any qualification you currently hold:			
Yachtmaster Practical		Day Skipper Practical	
Yachtmaster Theory		Day Skipper Theory	
Coastal Skipper		Competent Crew	

How would you describe your level of yacht sailing experience?		
I have sailed yachts extensively before		
I have some experience of yacht or dinghy sailing		
I have no real sailing experience		

Please provide any extra information regarding your sailing experience:

### Health:

Height / cms		Weight / lbs.		Build	
Which one of the following statements is most true about you?					
I go to the gym more than twice a week					
I consider myself of average fitness and could run a mile					
I occasionally exercise					
Can you swim 50m?					
Yes		No			

Please tell us about any special dietary requirements you may have:
Please provide any other information you may feel is relevant:
Please advise where you heard about Wavelength Sailing: